

17th Annual Choose Respect Montgomery Video Contest



Sponsored by the
Montgomery County Family Justice Center Foundation
and the
Domestic Violence Coordinating Council of Montgomery County



Contest Rules - PLEASE READ ALL RULES VERY CAREFULLY!

Description: This contest challenges teens to create an original video to promote awareness of dating violence/abuse among teens. Participants are encouraged to **be creative!**

****Video entries illustrating child abuse, bullying, cyberbullying, and adult domestic violence will NOT be accepted.****

Eligibility: This contest is open to all 6th - 12th grade students living in Montgomery County. Students can enter the contest on their own or as a group; **however, students may only participate in ONE entry.** If a student in any way participates in more than one PSA video, all of those entries will be disqualified.

Entry Rules:

- All submissions must have a title.
- All submissions must be in either English or Spanish.
- All submissions must be 50-70 seconds in length.
- All submissions must be uploaded to Google Drive, Dropbox, YouTube, or similar program.
- You will then have to provide us with the link via our Online Contest Submission Form (available at www.montgomerycountymd.gov/fjc/chooserespect/video.html)
- All submissions must address at least one of the following **as it relates to dating violence**:
 - Physical abuse, emotional/verbal abuse, types of technological abuse, financial abuse or issues around consent).
 - Examples of healthy behaviors in a relationship.
 - Bystander intervention (how to step in and help a friend who is being abused).
- All submissions must include the **Montgomery County Family Justice Center - 240-773-0444** as the resource where victims of domestic violence and dating abuse can get help.
- Submissions must reflect careful planning, thoughtful insight into the material presented, and accurate and thorough coverage of the content.
- Submissions may **NOT** include ANY copyrighted music, audio/video clips, characters, logos, or other protected material. Videos may include music only if it is considered "open source" music, or if it is composed and played by a student (or students) in the group.

Evaluation and Prizes: All submissions will be reviewed by a judging panel, with cash prizes going to 1st, 2nd, and 3rd place, and Honorable Mention prizes going to 4th and 5th place. A "Fan Favorite" will also be selected from the Top 5 via public vote during the month of March, and will receive an additional prize. The winning videos will be announced at **RespectFest on March 15, 2026**. Winning students must participate in the Spring event.

1st Place: \$1,000

2nd Place: \$750

3rd Place: \$500

To Enter:

1. Create your video, and make sure it follows all of the rules listed above.
2. Upload your video to Google Drive, Dropbox, YouTube, or similar program.
3. Go to www.montgomerycountymd.gov/fjc/chooserespect/video.html and fill out the Online PSA Contest Submission Form.

SUBMISSION DEADLINE: SUNDAY, FEBRUARY 15, 2026